

Certification

I, Dr. Hem Prasad Nath, Student Activity and Sports Officer, do hereby certify that enclosed document is a brief NSS Annual Report of the Academic Year 2019-20.

Date: 14-08-2020

(Dr. Hem Prasad Nath)
Student Activity and Sports Officer

Certificate

I, Dr. Hem Prasad Nath, Student Activity and Sports Officer, do hereby certify that enclosed document is a brief NSS Annual Report of the Academic Year 2018-2020.

Date: 17-08-2020

(Dr. Hem Prasad Nath)
NSS Programme Coordinator

NSS Annual Camp 2018

NSS Annual Camp was organized in GFGC, Haleyangadi during 25th to 28th January 2018, All the volunteers participated in the camp actively and the camp was grand success.





Swachhata Pakhwada and Beach Clean up Drive at NITK:

- **Swachhta Pakhwada held on 15th September, 2018.** As part of the National Coastal Clean Up drive, NSS and NCC Volunteers undertook the cleaning up of the NITK Beach upto Surathkal Beach at 7:00am to 8:30am. Later students from first year, NCC and NSS Volunteers assembled at the Pavilion and were split into teams and all the common areas and spaces around the Main Building, Library, Post Office, Commercial Complexes, Health Care Centre, Student Activity Centre and Pavilion were cleaned up. Head of the Departments and faculty members directed the students to clean different areas of the department, Labs, Classrooms, Faculty and Staff Rooms etc. All the Students from Second Year to PG/Ph.D. had assembled at their respective



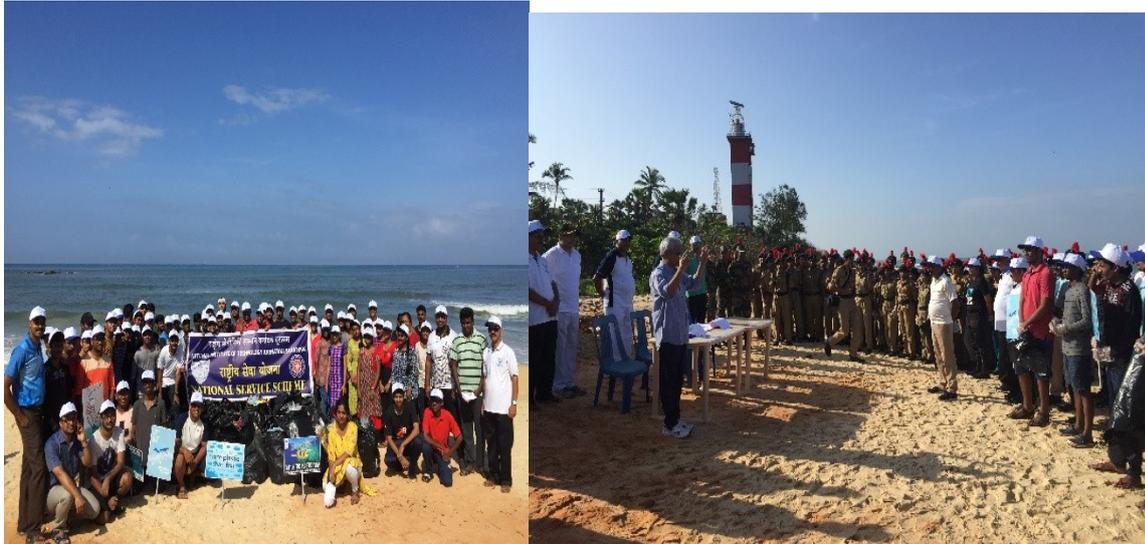
NSS Annual Camp 2018:

NSS Annual Camp 2018 was held during 1st to 7th December 2018 at Pillikula ,Nisarga Dhama, Vamanjoor Mangalore. All the volunteers participated in the camp actively and the camp was grand success.



International Coastal Clean-up Day 2019

As a part of **Swacchataa Hi Seva** movement, The NITK students along with the Director, Dean (SW) and SAS officers joined the Coastal Guard team in the Coastal Cleanup drive on 21st September 2019. The Director inaugurated the programme emphasized the importance of such activities.



NITK Karavali Marathon 2019

The 4th edition of the NITK Karavali Marathon took place on the 13th of January, 2019. The event was organized by the students of NITK, supported by the NITK Surathkal Alumni Association and also the Students' Council, Rotaract Club and TaskForce. The event saw a participation of over 2100 participants in five different run categories – 3km fun run, 5km timed and untimed run, 10km timed run, the Half marathon (21.1km) and for the first time in the Karavali region, the Full marathon (42.2km). Our marathon is the first student organized full marathon in Karnataka and in India, with cash prizes worth

2.77 Lakh INR. The event was launched by the legendary P.T. Usha herself, who was the brand ambassador for this edition of the marathon. The theme for this edition of the marathon was, 'Save the Oceans'. Working towards this cause, we had a

collaborative run with the TedX team earlier in October, 2018 to increase awareness on causes and consequences of ocean pollution. We also worked towards decreasing as much plastic as possible for the event itself.



Fit India Movement

The live telecast of the launching of the movement by our Honorable Prime Minister Narendra Modi was arranged in our Institute Main Seminar Hall and was witnessed by the Director, Deans, Registrar, Faculty, Staff and Students. It was resolved to include fitness activities and sports in their daily lives to pave way for a healthy and fit lifestyle. After the Launch, all the participants took walk through the entire campus covering a reasonably good number of footsteps. In connection with Fit India Movement Plog Run Event was conducted.





Rashtriya Ekta Diwas Celebrations 2019 and “Unity Run”

On the occasion of 144th birthday of Sardar Vallabhbhai Patel, NITK Surathkal organized Rashtriya Ekta Diwas celebration followed by Unity Run on 31st October 2019. Director, Dy. Director, Deans, Registrar, Faculty, Staff and Students assembled at the Institute Main Building at 6.45AM.

The Unity Run from NITK to Surathkal Junction (which is the nearby town) and back to NITK covering a distance of about 5 kms was kick started by waving the Flag by the Chairperson, Prof. K B V Reddy. More than 800 students including 200 girls along with faculty and staff participated and successfully completed the run.



Blood Donation Camp

NSS UNIT of NITK SURATHKAL organized annual Blood Donation Camp on 16th March 2019 at its premises. Around 30+ volunteers were present today to carry out the blood

donation. Government Wenlock District hospital, District Hospital Udupi, KMC Hospital Mangalore were the three hospitals who took part in the Blood donation camp.

The professors, staff and students of NITK turned up in huge numbers and actively donated the blood to the hospitals and make this event a huge success by making a great contribution to the society. The donors were provided with refreshments and given proper rest.

There was no emergency or urgent cases. Lot of them were donating it for the first time and were really happy about it. Some of them even told that their misconceptions about blood donation were cleared today after donating blood.

As a part of the blood donation camp volunteers of NSS NITK made a photo booth where donors had a chance to make a memory, Posters about Blood donation were put around the mess. Table fans were borrowed from various students and put around the mess to beat the heat. "The Red Bucket Store", a start up in NITK provided coupons worth 10% off on their products for the first 200 donors. The donors were given the certificates right after the donation, they are provided with button badges as a token of appreciation from NSS-NITK. More than 430 units of blood were collected which is the highest ever in Annual Blood Donation Camp in NITK. More than 500 donors turned up to donate blood.

